

The Pulse



St. Agnes Council 15344
Knights of Columbus

"You will be Brothers: Our Vocation to Fraternity"
January 2019

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Grand Knight's Corner

OK Brothers – vacation is over. We are starting a new year and we have a lot of people relying on us. Last year we helped a lot of families, groups, organizations, and individuals. The more we helped, the more needs we found. This coming year will be no different.

As you recall, St. John Paul II spoke of the Knights of Columbus as a strong right arm of the Church. This month we are feeding the hungry, walking for the unborn, getting even with the crabby, and helping others fulfil their new year's resolutions.

As you know, we will not have a First Friday Dinner to start the year, because in the middle of January we have our second Crab and Tri-Tip Dinner. We have the Pancake Breakfast on the 13th and, as you may have heard, the Church has mailed out invitations to 350 families to come out for a free breakfast.

This year's Walk for Life West Coast needs our help. Knights are needed as peace keepers and as walkers. Let me know which you want to help with: keep the peace or walk. (See the KofC Peace Keepers flyer on page 8).

We have had several calls to action recently that had limited response and I have been thinking of how to get more involvement from more Brothers. I have had call outs that resulted in helping the many with the few. I am committed to changing that. This month I need you to think and pray over the following things: Why Did I Join the Knights? What things and people do I want to serve? What differences do I want to make this year?

I will be calling you this month to get your input and suggestions.

SK Frank Mazzuca
Grand Knight





BIRTHDAYS

January

- 9 – Michael Marshall
- 13 – Isaac Farias
- 18 – Mark Longhi
- 21 – John York
- 27 – Arthur O’Keefe

WIVES’ BIRTHDAYS

- 1 – Chris McDermott (Mike)
- 1 – Mary O’Keefe (Arthur)
- 30 – Veronica Peery (Sumner)

WEDDING ANNIVERSARIES

David & Christine Wood – January 6, 1996 (23 yrs)

Gary & Sue Downs – January 15, 1983 (36 yrs)

Council Officers

Grand Knight	SK Frank Mazzuca.....	925-381-5624
Chaplain	Fr. Johnson Abraham	510-557-9845
Deputy Grand Knight	SK King Bunyi.....	510-427-3596
Chancellor	SK Jorge Garcia	925-676-3750
Warden	Tex Alimpolos.....	925-687-3798
Recorder.....	SK Mike McDermott.....	925-676-2384
Financial Secretary	Gary Gowns.....	925-825-4409
Treasurer	SK David Wood PGK	925-458-0888
Lecturers	Dcn Bill Drobick	925-689-0838
	Dcn Tony Reyes	925-671-0134
Advocate	Cheng-Feng Tsai	925-890-0353
Inside Guard	Ron Artale	925-827-3713
Outside Guard	SK Jeff Aquino PGK	925-356-2474
One-Year Trustee	SK Richard Milward FDD PGK.....	925-699-5852
Two-Year Trustee	SK Carlos Garcia PGK.....	925-680-2814
Three-Year Trustee	John Wright.....	925-798-5962
Supreme Field Agent.....	SK Carlos Gutierrez.....	415-517-7560
District Deputy	SK David Schwartz PGK	510-325-7810

Council Directors

Program Director	SK King Bunyi.....	510-427-3596
Faith Director	Fr. Johnson Abraham	510-557-9845
Community Director	SK King Bunyi.....	510-427-3596
Family Director.....	Wayne Schafer	925-323-6518
Life Director.....	Linus Farias.....	510-423-3705
Membership Director.....	SK Jeff Aquino PGK	925-356-2474

If you would like to assist with one of the program areas above, contact the program area director or GK Frank Mazzuca.



PRAYER INTENTIONS

- Brother Ed Chatterton
- Brother Joaquin Compos
- Brother Neal Campanelli
- Brother Ron Artale and his son
- Brother Octavio Padilla
- Brother David – father Stan, brother Hal, and daughter Sarah
- Brother Tom Kisak
- Brother Ray Doorack – son and grandson
- Brother John Wright – brother Larry
- Brothers Claire Tryon and Ed Burgess (Council 6038)
- Brother Gary – sister-in-law Julie
- Brother Neil Cuffy
- Deacon Jim Pearce
- Brother Joel Manana – special intention
- Brother Bob McEachran
- Brother Mike – daughter-in-law Josie, expecting a baby in December and back surgery in February
- Zachary Punty (son of Brother Mike Punty of QAS) seriously injured in a car accident
- Brother Carlos Gutierrez – mother-in-law
- Brother King – special intention and for his father's conversion
- Brother Daniel Barrington – in Hospice

Chaplain's Message

The month of January is dedicated to the Holy Name of Jesus. "In the name of Jesus every knee should bend, of those that are in heaven, on earth and under the earth" (Phil 2:10). Christ's name is chosen in heaven, and the Angel Gabriel announces it when he informs the Blessed Virgin of the incarnation: "Behold thou shalt conceive in thy womb and shalt bring forth a son, and thou shalt call his name Jesus" (Luke 1:31). It is a name that has marvelous implications, for it means "savior." The very name bespeaks the magnitude of His mission, His infinite love, a love that will cause Him to offer Himself up for us.

The name of Jesus is the sweetest of all names, and He who bears it is most worthy of all love. He who calls Jesus his friend can be assured that this friend is the most devoted and unselfish of all friends.

Jesus is our all. In His name we may pray to the Father with assurance of being heard. In His name the Church administers all her sacraments. In His name she offers all her prayers and blesses homes, the fields, and the sick. In the name of Jesus, she casts out evil spirits, and at the hour of our death bids us, "Go forth, Christian soul." She assures us that whoever shall call upon this name will be saved. When our soul has departed this life to seek its eternal home, the Church asks in the name of Jesus, "Eternal rest give unto him, O Lord."

Prayer:

Eternal Father, who didst give to thine incarnate Son the holy name of Jesus to be the sign of our salvation: Plant in every heart, we beseech thee, the love of him who is the Saviour of the world, even our Lord Jesus Christ; who liveth and reigneth with thee and the Holy Spirit, one God, in glory everlasting. Amen.

The Holy Father's Intentions for the Month of January 2019 –

Evangelization: That young people, especially in Latin America, follow the example of Mary and respond to the call of the Lord to communicate the joy of the Gospel to the world.

Fr. Johnson Abraham

Chaplain



MEMBERSHIP ANNIVERSARIES

Tex Alimpolos

– Jan 1, 1968 (51 yrs)

Edward McGuirk

– Jan 4, 1972 (47 yrs)

Richard Spahl

– Jan 11, 1983 (36 yrs)

Norman Andrews

– Jan 15, 1991 (28 yrs)

Paul Duckart

– Jan 4, 2000 (19 yrs)

Kevin Keeler

– Jan 31, 2011 (8 yrs)

Gilbert Chavez

– Jan 13, 2012 (7 yrs)

Thomas O’Sullivan

– Jan 16, 2012 (7 yrs)

Mario Soto

– Jan 6, 2018 (1 yr)

John York

– Jan 6, 2018 (1 yr)

District Deputy’s Message

Brother Knights of St. Agnes Council 15344,

I want to share an experience of mine and I think it will be relevant as we start out the new year. I recently requested that the Lector and Extraordinary Minister Coordinator at my church, Queen of All Saints, put my name back in the list for those positions. I just got the January/February schedule and was excited to see my name on it!

To you that story might seem trivial, but to me I consider it a calling to get to read the scripture during Mass and serve the Eucharist to others. I enjoy the commitment as I go to Mass weekly. And as a Brother Knight, I will be sure to put the hours served for these church activities on my “Annual Survey of Fraternal Activity.” Since it is time to get that survey filled out, please do so and return it to your Council’s Financial Secretary, Gary Downs. This survey allows the Knights to properly report the financial contributions and volunteer hours provided each year towards charitable works.

So, if you are already serving our Church, then great! For those who are not yet, I suggest you look into it because it can be a rewarding experience, not just as a Catholic man, but as a Brother Knight.

SK David Schwartz CS PGK PFN

District Deputy



UPCOMING DEGREES

1st (Admission) Degree:

- Tuesday, January 15
– St. Ignatius, Antioch.
Registration 7:00 PM.
Exemplification 7:30 PM.

2nd (Formation) Degree:

- Saturday, January 12
– St. Isidore, Danville.
Registration 9:00 AM.
Exemplification 10:00 AM.
- Tuesday, January 29
– St. Ignatius, Antioch.
Registration 7:00 PM.
Exemplification 7:30 PM.

3rd (Knighthood) Degree:

- Saturday, January 12 –
St. Isidore, Danville.
Registration 11:15 AM.
Exemplification 12:15 PM.

4th (Patriotic) Degree:

- Saturday, February 2, 2019
– Doubletree Hotel,
Rohnert Park. For updates
and registration packet,
visit
tsa2286.oaklandkofc.org/.

Council Calendar of Events

- January 4 No First Friday Dinner due to Crab & Tri-Tip Dinner on January 19. We'll be back in February.
- January 5 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- January 7 Council Officers Meeting, 7 PM, Ministry Center.
- January 9 Todos Santos Assembly Meeting, 7:30 PM, St. John Paul II Room, St. Francis of Assisi Church. Dinner served at 6:30 PM, followed by Rosary at 7 PM.*
- January 12 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- January 13 Pancake Breakfast, after 9 and 11 AM Masses, Church Hall.
- January 19 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- January 19 Crab & Tri-Tip Dinner, 6 PM, Church Hall. *Assistance needed.*
- January 21 Council Business Meeting, 6:30 PM dinner, 7:30 PM meeting, Church Hall.
- January 26 Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
- January 26 15th Annual Walk for Life West Coast, Civic Center Plaza, San Francisco, 11 AM – Info Faire, 12:30 PM – Rally.

* Fourth Degree Knights only may participate in this event.



SAINT OF THE DAY

January

- 1 – Solemnity of Mary, Mother of God
- 2 – Sts. Basil the Great and Gregory Nazianzen, Bishops and Doctors
- 3 – The Most Holy Name of Jesus
- 4 – St. Elizabeth Ann Seton, Religious
- 5 – St. John Neumann, Bishop
- 6 – Epiphany of the Lord
- 6 – St. André Bessette, Religious
- 7 – St. Raymond of Penyafort, Priest
- 13 – Baptism of the Lord
- 17 – St. Anthony of Egypt, Abbot
- 20 – St. Fabian, Pope and Martyr
- 20 – St. Sebastian, Martyr
- 21 – St. Agnes, Virgin and Martyr
- 23 – St. Vincent, Deacon and Martyr
- 22 – Day of Prayer for the Legal Protection of Unborn Children
- 23 – St. Marianne Cope, Virgin
- 24 – St. Francis de Sales, Bishop and Doctor
- 25 – The Conversion of St. Paul, Apostle
- 26 – Sts. Timothy and Titus, Bishops
- 27 – St. Angela Merici, Virgin
- 28 – St. Thomas Aquinas, Priest and Doctor
- 31 – St. John Bosco, Priest

Las Posadas

On December 4, the Parish conducted its Las Posadas celebration. The roots of Las Posadas stretch deeply into Latin culture. It originated in Spain, but it's been a yearly celebration throughout Mexico for over 400 years. The tradition commemorates Mary and Joseph's difficult journey from Nazareth to Bethlehem in search of a warm place to stay the night. (Posadas is Spanish for "lodgings" or "accommodations.")

The participants, representing the Holy Family, stands outside a series of houses, singing songs, asking for lodging. They are refused time and again until the group reaches the designated house. Finally, the travelers are permitted to enter. Prayer and song continue in the home and festive foods are shared.

Thank you to Lara Milward (daughter of Brother Richard) and Joe Mazzuca (son of GK Brother Frank) who re-enacted the roles of Mary and Joseph, respectively, on their trip prior to Jesus' birth. Grateful thanks to Penny and Monica Garcia who provided a delicious feast afterward.



← Mary (Lara Milward), Joseph (Joe Mazzuca), and Fr. Johnson lead the Las Posadas celebration December 4.



← The participants in the Las Posadas celebration December 4.



DC KNIGHTS RESPOND TO SENATORS' CRITICISM

A Washington, DC council of the Knights of Columbus has invited two U.S. senators to join them in charitable service, after those senators objected to a federal judicial nominee's membership in the organization.

Patrick Cardinal O'Boyle Council 11302 published an open letter to Senators Mazie Hirono (D-HI) and Kamala Harris (D-CA), addressing the senators' recent objections to social and political positions affiliated with the Knights of Columbus.

The letter said the council had "read about statements which expressed the fear that the Knights of Columbus held many extreme beliefs. It is our great pleasure to assure you that this fear is not grounded in any truth. The Knights of Columbus in general, and O'Boyle Council in particular, are dedicated to the three fundamental principles of charity, unity, and fraternity."

"Over the course of the past year we donated an ultrasound machine to a clinic, picked up trash around Nationals Park, and donated supplies to a local school. We do all this as well as social gatherings and spiritual events." The letter said, "We hope this list of activities helps to assure you that we are simply a group aiming to do God's work while building friendships."

The letter was published in response to reports that Hirono and Harris had challenged the Knights of Columbus membership of Brian C. Buescher, an Omaha lawyer nominated for the U.S. District Court for the District of Nebraska.

The senators said the group's

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Field Agent's Message

WHAT HAPPENS IF YOU LIVE?: THE SECURITY OF LONG-TERM CARE INSURANCE

Thanks to marvelous innovations in medical technology and advances in living and working conditions, many of us will enjoy long, prosperous lives. With average life expectancies on the rise, there's a lot to be grateful for and look forward to. But living longer also comes with added responsibilities that we must take seriously.

Typically, when thinking about insurance products, we think about "what ifs." For life insurance, we think: What if we die? For auto insurance, we think: What if we get into an accident? For medical insurance, we think: What if we get sick? For disability insurance, we think: What if we get injured?

But for long-term care, the question is different. It's not just what happens if something happens to us, but what if something doesn't happen? What happens if we live?

"So what?" you say. "I won't need long-term care." But the statistics tell a different story. Seventy percent of individuals over the age of 65 will need some type of long-term care services during their lifetime. And, just as you would imagine, paying out-of-pocket for long-term care is neither brief nor cheap. The average duration of long-term care needed per individual is three years, at an annual cost of \$83,000 for private nursing home care and \$60,000 for at-home nursing care.

Traditional and government medical insurance programs don't usually provide enough help, either. According to the Department of Health and Human Services, Medicare only pays for long-term care services for a maximum of 100 days, and that's only if you meet certain criteria. Medicaid does pay for long-term care, but only if your income is below a certain level and you meet state requirements. As for employer-sponsored or private health insurance plans, they typically cover a limited range of services, like those provided by Medicare.¹

Subsequently, many of us are left drawing from our own resources or our family's resources to cover long-term care costs. It can be an expensive proposition just when cash resources need to be preserved for retirement.

That's why long-term care insurance should be considered part of an overall sound insurance protection strategy, and that's why the Knights of Columbus is proud to offer long-term care insurance to our members and their eligible family members.

Simply put, long-term care insurance is designed to help cover the cost of your long-term medical needs.

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DC KNIGHTS RESPOND TO SENATORS' CRITICISM (CONT.)

(Continued from page 7)

positions on to same-sex marriage and abortion could interfere with Buescher's ability to fairly judge federal cases.

In written questions sent Dec. 5, Hirono said that "the Knights of Columbus has taken a number of extreme positions." Hirono asked whether Buescher would quit the organization if confirmed, "to avoid any appearance of bias."

In her written questions, Harris called the Knights of Columbus "an all-male society" and asked if the judicial nominee was aware that the group "opposed a woman's right to choose" and "marriage equality."

Buescher, who has been a member of the Knights since he was 18 years old, said in his response that if confirmed as a federal judge, he would follow established rules regarding conflicts of interest, and that he would not seek to advance personal opinions, but would make rulings in accord with the judicial precedents established by the U.S. Supreme Court.

"I would be bound by precedent of the United States Supreme Court and the Eighth Circuit Court of Appeals and would not be guided by statements made by others," Buescher said.

Kathleen Blomquist, national spokesperson for the Knights of Columbus, responded that the senators' questions regarding the Knights of Columbus were discouraging.

The local council's letter concluded by inviting Catholic men on the senatorial staff of Harris and Hirono to consider joining the Knights of Columbus.

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Available in 3-year, 5-year, and 10-year benefit periods, our flexible plans come with several different options and ways for you to customize your long-term care coverage to help fit your unique needs and budget.

You choose a daily benefit amount that the policy provides, as well as specify whether you want to be covered for care in an assisted-living facility or at home.

You may also elect to purchase a Compound Inflation Rider, which will increase your maximum lifetime benefit by 3 or 5 percent each year.

And, should you choose to apply for long-term care insurance with your spouse, each of you will receive a 30 percent discount through our Spousal Discount program.

There are many other factors and considerations that go into the crafting of a Knights of Columbus long-term care policy. I can help explain your options.

Contact me today to help ensure that your family and your assets are protected from the unexpected and substantial cost of long-term care.

After all, you have always taken care of your family. You don't want to worry about what would happen to them if you could no longer take care of yourself.

Long Term Care insurance contracts contain certain exclusions, limitations, and other terms. Your contract and licensed Knights of Columbus field agent can provide you with complete details. The Knights of Columbus reserves the right to ask questions about your health and review your medical records. Benefits are subject to underwriting. Premiums may increase.

1U.S. Department of Health & Human Services Clearinghouse for LTC Information, March 3, 2014.

SK Francisco Fernandez FIC PGK
Supreme Field Agent





Knights of Columbus
INSURANCE
YOUR SHIELD FOR LIFE

Francisco Fernandez, FIC, PGK
255 Station Ave
Daly City CA 94014
(650) 243 8831
francisco.fernandez@kofc.org





Crab & Tri-Tip Dinner

(Fresh Dungeness Crab)

Hosted by *Knights of Columbus St. Agnes Council 15344*

Saturday, January 19, 2019

No host cocktails at 6 PM / Dinner served at 7 PM

St. Agnes Church Hall, 3966 Chestnut St., Concord, CA

Menu:

Hors d'oeuvres, Bread, Green Salad, Pasta, Tri-Tip, and Dungeness Crab

Tickets:

\$50 per person

Children (4-11) \$5, children under 4 no charge (*Children's dinners do not include crab*)

Tickets available:

After all Masses until January 13

In the Ministry Center until January 15

or by contacting:

Frank Mazzuca • 925-381-5624 • frankmazzucakofc@gmail.com

David Wood • 925-207-0270 • david@koc15344stagnes.com

Tickets will not be sold after January 15

NO TICKETS WILL BE SOLD AT THE DOOR

Checks can be made payable to "Knights of Columbus #15344"

Portions of the profit from this dinner will help benefit:

*St. Agnes Parish, support our Seminarians,
Share Food Pantry, and other local charities.*

Because Women Deserve Better than Abortion.®

WALK for LIFE

WEST COAST

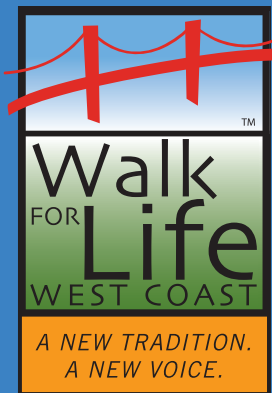
15TH ANNUAL



© Jose Aguirre

Saturday, January 26 • CIVIC CENTER PLAZA • San Francisco

Rally: 12:30PM
CIVIC CENTER PLAZA
Info Faire: 11:00AM
Saturday, January 26, 2019



Rally starts at Civic Center Plaza, walking down Market Street (2 miles). Ends at Embarcadero Plaza/Ferry Building.

BART stations at both locations. Ample parking.



Register and info:
415/658-1793 | email: info@WalkforLifeWC.com

WalkforLifeWC.com

2019 Walk for Life West Coast

On Saturday, January 26, about 50,000 San Franciscans, joined by young proliferators from as far away as Arizona, Colorado, Oklahoma and Alaska will fill the city's Civic Center Plaza and Market Street at the 14th Annual Walk for Life West Coast.

KofC Peace Keepers: We need Peace Keepers at the Civic Center starting at 10:00am. We should finish the walk around 3:30-4:00pm.

If you can help as a Peace Keeper contact Steve Hagarty at 925-595-3391 or wolfhag@pacbell.net. The sign up table will be at the Civic Center by the main crosswalk on Larkin Street, look for the KofC table. If you are walking with your parish or Council please stop by the sign-up table and pick-up a Peace Keeper vest to show the KofC support for this event.

What you can do to help:

Put an announcement in your bulletin

Schedule a bus to take your parishioners to and from the event

Invite families and prospective members

College students will have groups at the front of the walk

Walk for Life Main Event

10:45-12:15 Silent No More Campaign

11:30-12:30 Info Faire

Rally: 12:30 to 1:30PM, the Walk starts at 1:30PM

Information downloads: <http://www.walkforlifewc.com/media-center/downloads/>

Schedule of events: <http://www.walkforlifewc.com/event-info/event-schedule/>

Bus Registration: <http://www.walkforlifewc.com/register/bus-registration/>

Parking: <http://www.walkforlifewc.com/event-info/parking/>

Parking Suggestion: We advise everyone to park by either Civic Center Plaza or Justin Herman Plaza and use the shuttle buses or public transportation at the end of the Walk to return to your vehicle.

WFL T-Shirts: kofclifematters.com see attachment

Two weeks before the event I'll be sending out another notice with map, details and assignments. If you are attending please contact me to confirm.

Steve Hagarty
WFL Chairman
925-595-3391

KofC Life Matters - Defending Every One

T-Shirts for 2019 Major California Walks for Life

Each shirt declares that you are a part of something bigger that proclaims the truth of Life to all who see your message.



front view



back view

Please visit

www.kofclifematters.com

Loving and Defending Every Life!

Proudly wear your Classic Pro-Life T-shirt walking with tens of thousands at California's Walks for Life along with Knights of Columbus, families, and friends in support of the greatest life-saving and life-changing movement of our times.

Our very affordable prices of **\$8** (youth XS - youth L), **\$10** (adult S - XL), and **\$12** (adult 2XL - 4XL) make it easy to qualify for **Free Shipping!** All orders must be a minimum of 10 shirts or more and can be a mix of various sizes.

URGENT REMINDER: ORDER CUTOFFS TO BE NOVEMBER 19TH WITH ORDERS BEING SHIPPED BY NOVEMBER 30TH. FINAL ORDER CUTOFF TO BE JANUARY 3RD WITH ORDERS BEING SHIPPED BY JANUARY 11TH.

All major credit cards accepted.

